



Valley City State University Viking Football

JUNIOR/SENIOR SHOWCASE CAMP

Tuesday, July 9th 2019 ♦ Shelly Ellig Field

VCSU Football staff will host the Showcase Camp for high school players entering their Junior or Senior year of football. This is an opportunity to showcase your talents to multiple college programs and compete against other top players in the upper Midwest.

Coaching staffs invited to attend from:

NAIA North Star Conference Schools:

Valley City State University
Presentation College
Dakota State University
Waldorf College
Dickinson State University
University of Jamestown
Mayville State University

University of North Dakota
North Dakota State University
University of Wyoming

NCAA D2 NSIC Conference Schools:

Minot State University
University Minnesota - Crookston
University of Mary
Northern State University
St. Cloud State University
Bemidji State University
MSU-Moorhead

Concordia College
North Dakota State College of Science
Minnesota State - Fergus Falls
Northland Community College

What to bring to camp:

Helmet, shoulder pads (for OL/DL/TE's only), practice jersey, mouth guard and football cleats.

Tentative Schedule:

1:00 p.m. Registration
1:30 p.m. Welcome - VCSU Head Coach Dennis McCulloch
1:45 p.m. Dynamic Stretch
2:00 p.m. Testing
3:00 p.m. Individual Position Drill Work
1 on 1's/Competitions
4:30 p.m. Camp Conclusion - Coach McCulloch closing remarks

Camp Registration includes: Instruction and T-shirt

Pre-Registered \$40*

July 9th Registration \$50*

**Any camper who attends 2019 VCSU Team Camp or is registered for the LOS Camp \$25.*

Mail to: VCSU Football Office ♦ 101 College St SW ♦ Valley City, ND 58072

Checks payable to: VCSU Football

Camp Contact: Jason Kremer ♦ 701.845.7159 ♦ jason.kremer@vcsu.edu

www.vcsuvikings.com/football



@VCSU_Football

Camper Name: _____

High School: _____ Grade next season: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Cell Phone: _____ Parent Cell Phone: _____

Height: _____ Weight: _____ Primary Position played: _____ T-shirt size (Circle): M L XL 2XL 3XL

I, hereby acknowledge the health of my son to be ready for vigorous activity at the JR/SR Showcase Camp and authorize the directors to secure any emergency treatment deemed necessary and that I, hereby, release camp directors, coaches, VCSU and all employees from all such claims on account of any injuries which may be sustained by my son while attending camp.

Parent/Guardian: _____
Insurance Company: _____
Policy Number: _____
Date: _____